

Official Physical Fitness Assessment Due Date Matrix EXCELLENT SCORES			
DATE OF LAST IN-PERSON FITNESS ASSESSMENT	DUE DATE OF NEXT FITNESS ASSESSMENT ❖ Dates with an Exempt annotated, were exempt during COVID-19		
Mar 2019	Mar 2020 (Exempt)	Mar 2021	N/A
Apr 2019	Apr 2020 (Exempt)	Apr 2021	N/A
May 2019	May 2020 (Exempt)	May 2021	N/A
Jun 2019	Jun 2020 (Exempt)	Jun 2021	N/A
Jul 2019	Jul 2020 (Exempt)	Jul 2021	N/A
Aug 2019	Aug 2020 (Exempt)	Aug 2021	N/A
Sept 2019	Sept 2020 (Exempt)	Sept 2021	N/A
Oct 2019	Oct 2020	N/A	N/A
Nov 2019	Nov 2020	N/A	N/A
Dec 2019	Dec 2020	N/A	N/A
Jan 2020	Jan 2021	N/A	N/A
Feb 2020	Feb 2021	N/A	N/A

Official Physical Fitness Assessment Due Date Matrix SATISFACTORY SCORES			
DATE OF LAST IN-PERSON FITNESS ASSESSMENT	DUE DATE OF NEXT FITNESS ASSESSMENT ❖ Dates with an Exempt annotated, were exempt during COVID-19		
Sept 2019	Mar 2020 (Exempt)	Sept 2020 (Exempt)	Mar 2021
Oct 2019	Apr 2020 (Exempt)	Oct 2020	N/A
Nov 2019	May 2020 (Exempt)	Nov 2020	N/A
Dec 2019	Jun 2020 (Exempt)	Dec 2020	N/A
Jan 2020	Jul 2020 (Exempt)	Jan 2021	N/A
Feb 2020	Aug 2020 (Exempt)	Feb 2021	N/A
Mar 2020 (Exempt)	Sept 2020 (Exempt)	Mar 2021	N/A
Apr 2020 (Exempt)	Oct 2020	N/A	N/A
May 2020 (Exempt)	Nov 2020	N/A	N/A
Jun 2020 (Exempt)	Dec 2020	N/A	N/A

Official Physical Fitness Assessment Due Date Matrix UNSATISFACTORY and NON-CURRENT SCORES			
DATE OF LAST IN-PERSON FITNESS ASSESSMENT	DUE DATE OF NEXT FITNESS ASSESSMENT ❖ Dates with an Exempt annotated, were exempt during COVID-19		
Mar – Sept 2019	Nov 2020*	N/A	N/A
Oct 2019	Nov 2020*	N/A	N/A
Nov 2019	Nov 2020*	N/A	N/A
Dec 2019	Nov 2020*	N/A	N/A
Jan 2020	Nov 2020*	N/A	N/A
Feb 2020	Nov 2020*	N/A	N/A
Mar 2020 (Exempt)	Nov 2020*	N/A	N/A
Apr 2020 (Exempt)	Nov 2020*	N/A	N/A
May 2020 (Exempt)	Nov 2020*	N/A	N/A
Jun 2020 (Exempt)	Nov 2020*	N/A	N/A

* Although fitness tests are to be scheduled in the month of November, scheduled tests will not occur prior to the full 42 days of reconditioning after the 1 Oct 20 start date. The first day of the 42-day reconditioning period begins on 1 October 2020. Airmen may waive the 42-day requirement with commander approval, in order to meet promotion eligibility or other requirements.