

The 724 STG understands that our success is built on the foundation of strong and resilient familes. Therefore, we spend an exceptional amount of energy to provide both resources and opportunities for our family members. The following storyboards are a few examples of what our team of experts assemble for our families throughout the year:

# STG FATHER DAUGHTER DANCE



Mission: Who: STG Active Duty, Personnel, and Family What: Father Daughter Dance When: 10 June

# Where: Southern Pines, NC

Results: The Father Daughter Dance was held at a local golf resort. The event had around 75 attendees, which included a mixture of dads and daughters. This event included dinner, dancing, a dance lesson from a dance instructor, photo booth with props, candy bar, prize drawing, and a limbo contest. The event received positive feedback from both the dads and daughters, who left with smiles on their faces.

<u>Significance:</u> The Father Daughter Dance provided support and appreciation to our families, all while strengthening father aughter books. Attendees were able to develop peer-to-peer relationships. The daughters were able to have a night that focused on them. Military children make huge sacrifices. This event focused on the value of the father daughter bond, and the appreciation for their sacrifices. Research shows the value of a strong father daughter bond may help children in developing resiliency and other positive developmental traits.





Who: STG Active Duty, Personnel, and Family What: Kids' Christmas Party When: 09 December Where: Southern Pines, NC

Results: The Kids' Christmas Party is a time for the unit to come together and focus on the kids, who sacrifice the most. We had around 175 attendees. The event include 6 craft tables, hosted by the spouses, which consisted of a sugar cookie decorating tables, 4 gingerbread houses to decorate, ornaments crafting tables, and a bag decorating table. The children were able to decorate these items and take them home as keepsakes to remember the event. Each child had a chance to visit with Santa, his elves, and receive a present.

# Significance:

The Kids' Christmas Party was held to develop and strengthen peer-to-peer relationships, build mutual support groups, boost comradery, strengthen community ties, and show appreciation for the daily sacrifices our families and children make.





# STG Women's Warrior Farm Retreat



Who: STG Women/children - Active Duty, Personnel, and Family members. en's Warrior Farm Retreat

What: Women's V When: 20-22 Oct

Where: Farm in VA Results: The Women's Warrior Farm Retreat event had around 40 attendees. The event included a shopping around so accentions. The othern includes a propenging trip into the nearby town, a hayride, silme making, pumplin decorating, and trick or treating for the kids as well as nightly bonfirst enacting s'mores. The event received great feedback and requests for future Women's Retreats.

Significance: The Women's Warrior Farm Retreat was held so the women could depart from their regular routines, get acquainted, build mutual support groups, and develop peer-to-peer connections. This was truly a back to nature kind of trip, without TV

and internet. The children enjoyed playing in the barn and on the farm, all while building relationships with other unit member's children.

Research shows that supportive relationships are related to greater well-being and more positive retention-related variables.



# We are strong because our families are strong!